



LA LUZ CHAPTER OF THE
AMERICAN BUSINESS WOMEN'S ASSOCIATION

ABWA 65 Year Going Strong!



The La Luz Lamplighter

December 2015 Vol. 28 Issue 5



December Meeting

No speaker this month

Please bring food items for the food bank.

If you enjoy food, consider participating in the food items silent auction. Bring your favorite baked goods or create a basket with your favorite store bought food related items. This is a fundraiser for our chapter.



8 Words That Totally Reveal You Are Not a Millennial

by John Brandon Contributing editor, Inc.com

It may be awesome to you, but to everyone listening, it's a sign of being out of touch.

Are there words you use that reveal your [age](#)? I have noticed a few lately that signal to everyone within hearing distance that you are definitely not a Millennial. Extract them from your emails and conversations or you will end up sounding a bit dated, out of touch, and maybe even not that relevant anymore.

1. Totally

I hear older folks saying "totally" way more than the younger set. (Oh, shoot--"the younger set" is another outdated phrase.) It's always a one-word response of agreement. If you emphasize the "to" part and drag out the pronunciation, be careful. You might sound like [the Fonz](#).

2. Bummer

You might not know this, but the word *bummer* is an offshoot of a German word (*bummler*) that means to be a loafer and "bum" off of others. It also means you grew up [watching lame sitcoms on ABC](#) and can't seem to find better ways of expressing disappointment.

3. Sweet

People of all ages say "sweet," but only Gen-Xers seem to have an inextricable attachment to the word. Just about everything is "sweet" to them, from the food in the buffet line at work to the new sales lead that will finally bear that big bonus check.

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ABWA Mission Statement

To bring together business women of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and na-

The La Luz Vision Statement

Within the next five years, La Luz will be a Best Practice Level I chapter and have a reputation in the community for "Empowering our Membership through

4. Downer

I'm guessing few of the people who use the word *downer* know that it comes straight from the urban dictionary (it was originally used to describe a drug). Sadly, it is also almost completely stricken from the vocabulary of anyone under 34. They barely know what it means.

5. Cool

Everyone says "cool" in every generation, but it's falling out of favor with Millennials. It's a dad word. A gadget might be cool, or the vacation plans might be cool. But using the one word as an exclamatory term to voice approval is as dated as any of the words on this list.

6. Right

If you say "right" when someone talks, it makes you sound dated. The Millennials I've been working with lately don't do that. For starters, they seem to use body language instead--if they are paying attention and not using a phone, they are basically saying "right" to you.

7. Awesome

Sorry to those who still say everything is "awesome," but the word has worn out its welcome. What I've heard working in an office full of Millennials is that people now say "awesome" only when they want to add a hint of sarcasm. Things are actually not that awesome.

8. Bonus

If you shout "bonus" at work, you tip a hat to everyone. Millennials don't say "bonus" as a way of expressing excitement. In fact, they might look at you funny and wonder if there is some gift card reward or perk involved.

IMPORTANT DATES



December 17	La Luz Chapter Meeting
January 14	La Luz Board Meeting
January 28	La Luz Chapter Meeting

The following members are celebrating Anniversaries in December
Betty Jo Maes de Carter

Happy Birthday to the following La Luz members celebrating birthday in December
Shirley Dean

Committee Square

Please log into WIN to find the Board Meeting minutes there
[ABWA Women's Instructional Network \(WIN\)](#)
"Don't forget to download your district newsletters located in the WIN National Library/ District Newsletter folder!"



ABWA Proud Code of Conduct
1. All members will serve as goodwill ambassadors for ABWA

2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission
3. Members will always treat their member colleagues, guests, vendors, and sponsors with honesty, respect, fairness, integrity, responsibility, kindness and in good faith
4. Members will maintain compliance with ABWA National, Chapter and Express network Bylaws
5. Members will not use their personal power to advance their personal interests
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members

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ABWA 2014-2015 National Officers

President –Nancy Griffin
 Vice President – Meg Bell
 Secretary/Treasurer – Lisa Montross
 District VI Vice President - Vanessa Willis

La Luz 2015-2016 Officers and Committee Chairs

Executive Board

President – Holly Sylvester
 Vice President – Carmen Dickens
 Secretary – Dana Roberson
 Treasurer – Vannette McMillin
 Board Delegate –

Committee Chairs

Professional Development Programs Committee Chair
 –Margaret Speer
 Education Committee Chair – Michelle Tabacchi
 Newsletter Committee Chair – Felecia Schreier
 Publicity Committee Chair – Carmen Dickens
 Fund Raising Committee Chair – Kris Andrews
 Membership Committee Chair –

Log on to our ABWA La Luz Website at:
www.abwa-laluz-abq.org

La Luz Lamplighter Editor

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**Do you have an idea or story for the Lamplighter?**  
**Do you have accomplishments you would like to share with other chapter members?**  
**Do you have pictures or an event to share with the Chapter?**  
**Send your articles, pictures, or ideas to**  
**Felecia Schreier at [F\\_Schreier@yahoo.com](mailto:F_Schreier@yahoo.com)**



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